Amica EDUCA's Training and Consulting Projects in Tuzla, Bosnia Herzegovina

Training and further Education in Methods for Dealing with Trauma

Amica EDUCA's training and consulting center offers professionals such as psychologists, doctors, psychotherapists, social workers, teachers, special education teachers and counselors as well as students in these fields training and further education in the following methods for dealing with trauma:

- Creative Expressive Painting
- Non-Violent Communication
- Family-Dynamics
- Universal Peace Dancing (also under contract to the Department for Teacher Training)
- Music therapy
- Positive Discipline
- Art Therapy

Seminars for Unemployed Women

- **«Personal Business Skills»** (financed by cfd) Training in Negotiation, Planning und Organization, Facilitation as well as Presentation Skills
- «A Click toward a Strong Me» (financed by Swisslos BL) Personal development and introductory computer skills for women in rural areas

Consulting

Abused women, children and increasingly information-seeking men receive support and counseling at the Amica Center.

- SOS-Telephone Hotline
- Individual and group psychotherapy (the latter mainly for youths/young adults) (co-financed with cfd)
- Children's Painting Groups
- Self-Help Groups
- · Personality Consulting for Women
- · Continuous Offers such as Peace Dancing, Yoga and Reiki

External Consulting and Support:

- Returnees in Snagovo (Republik Srpska)
- Roma Women und Children in Kiseljak (financed by cfd)

Additional Projects

• **«Breaking the Silence on Gender Based Violence»** (financed by IN Fondacija, NL) Addressing the subject playfully through children's workshops in elementary schools

Thank you very much for your support!

January 2016



Healing together



Painting what can't be said